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Urinary incontinence increases in prevalence with age and one major cause of incontinence in the male is benign prostatic hypertrophy (BPH). Regular assessment of the degree of the symptoms of BPH and its impact on the quality of life are all too often missed in a consultation with the GP and sadly, many elders attribute incontinence to “part of ageing”.

It is timely that the SUA is focusing its resources on educating the public (and professional) and I am sure that with increased awareness, incontinence can be appropriately managed in the community.

One’s golden years should not be spent as a social outcast.

Dr Mary Ann Tsao  
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